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## WHAT IN THE on the INSPIRE WORLD IS AN INSPIRED LIFE WEEKEND?

Today, more so than ever, people are looking within for answers to life's challenges. Professionals, parents, couples, leaders, and individuals are asking themselves what they can do to improve.

There is no greater process of self-discovery that enhances one's overall effectiveness more than the Inspired Life Series, presented by Focus Seminars of Kansas City, Inc.

Focus Seminars is a professional organization that invites all to conquer life's challenges and move toward new levels of performance. Our workshops guide you through the adventures necessary to gain a greater understanding of yourself and your relationships.



The Inspired Life offers more than mere insights and techniques by teaching our participants how to develop, reach, and grow for many years to follow.

The Inspired Life is not full of boring lectures, videos, or workbooks. Each seminar utilizes a state of the art technique known as "insight/action learning." By actively participating in the Inspired Life Process, a greater understanding results. Each learning experience is designed to help identify your own winning characteristics.

You will gain the "extra edge" needed in today's world as you learn to FOCUS and reach your potential.

Our empowering experience enables you to gain momentum and own it!



The Inspired Life Series consists of two sessions ...

## Inspired Life Weekend:

"THE FOUNDATION" & "THE FRAMEWORK": A 3-day workshop that guides the participant as they identify limiting perceptions and past experiences that may influence or even inhibit effectiveness.

Inspired Life Weekend is oriented to what it takes for you to build a successful future offering learning experiences that allow each participant to discover more tools to increase effectiveness and productivity.

Inspired Life Weekend provides a solid opportunity for the individuals to examine their past, the basis of their relationships, and set in action purposeful behavior. Insight gained is useful in making paradigm shifts, which empowers the participant in their professional and personal environment; individuals reach a better understanding of themselves and others. Participants discover new ways to face life's challenges with ease and excitement.

## Momentum:

"THE FOLLOW-UP" is a 2-day workshop designed to assist the Inspired Life Weekend graduate in setting goals and integrating new skills in their work and home environment so as to create an intentional life directed toward a personal mission. New insights, challenges, support and fun are experienced with a familiar group of excelling individuals who aim high in their personal and professional growth.